# At Home In 30 Minutes Per Month: The Ultimate Guide to Decluttering and Organizing Your Home



**QUADRUPLE YOUR MONEY: At home in 30 minutes per** 

<b>month</b> by Blake Neri	
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Are you tired of living in a cluttered and disorganized home? Do you feel like you're constantly losing track of things and can't seem to find the time to declutter and organize? If so, this guide is for you.

In this comprehensive guide, we'll provide you with a step-by-step approach to decluttering and organizing your home in just 30 minutes per month. We'll cover everything from decluttering methods to organizing tips to time management strategies. By following the advice in this guide, you'll be able to create a peaceful and clutter-free living space that you'll love coming home to.

## **Section 1: Decluttering Methods**

The first step to decluttering your home is to choose a decluttering method that works for you. There are many different decluttering methods out there, so it's important to find one that fits your personality and lifestyle.

#### 1. The KonMari Method

The KonMari Method is a popular decluttering method created by Marie Kondo. The KonMari Method involves sorting your belongings into categories and then keeping only the items that "spark joy." This method is effective because it forces you to confront each item in your home and decide whether or not it brings you joy.

# 2. The FlyLady Method

The FlyLady Method is a daily cleaning and decluttering routine that can help you keep your home clean and organized. The FlyLady Method involves breaking down cleaning tasks into small, manageable chunks and then setting a timer to complete each task. This method is effective because it helps you to stay on track and avoid feeling overwhelmed.

#### 3. The Minimalist Method

The Minimalist Method is a decluttering method that involves getting rid of anything that you don't need or use. The Minimalist Method is effective because it helps you to reduce the amount of clutter in your home and focus on the things that are truly important to you.

#### Section 2: Organizing Tips

Once you've chosen a decluttering method, you can start to organize your home. There are many different organizing tips out there, but some of the most effective tips include:

#### 1. Use Vertical Space

One of the best ways to organize your home is to use vertical space. This can be done by using shelves, drawers, and bins. Using vertical space can help you to maximize storage space and reduce clutter.

#### 2. Group Like Items Together

Another effective organizing tip is to group like items together. This can help you to find things more easily and keep your home organized. For example, you could group all of your kitchen supplies together in one cabinet or drawer.

#### 3. Use Clear Containers

Using clear containers can help you to see what's inside and find things more easily. This is especially helpful for items that you don't use very often. For example, you could use clear containers to store seasonal clothing or holiday decorations.

#### **Section 3: Time Management Strategies**

One of the biggest challenges to decluttering and organizing your home is finding the time. However, there are some time management strategies that can help you to declutter and organize your home in just 30 minutes per month.

#### 1. Set a Timer

One of the best ways to stay on track with decluttering and organizing is to set a timer. For example, you could set a timer for 30 minutes and then see how much you can declutter and organize in that time. This can help you to stay motivated and avoid getting overwhelmed.

## 2. Break Down Tasks

Another effective time management strategy is to break down decluttering and organizing tasks into smaller, more manageable chunks. For example, instead of trying to declutter your entire house in one day, you could focus on one room at a time.

## 3. Ask for Help

If you're struggling to declutter and organize your home on your own, don't be afraid to ask for help. You could ask a friend, family member, or professional organizer to help you. This can help you to stay motivated and make the process more fun.

Decluttering and organizing your home can be a challenging task, but it's definitely worth it. By following the advice in this guide, you can create a peaceful and clutter-free living space that you'll love coming home to. So what are you waiting for? Get started decluttering and organizing your home today!

# Additional Resources

- The KonMari Method
- The FlyLady Method
- The Minimalist Method
- Apartment Therapy
- The Spruce

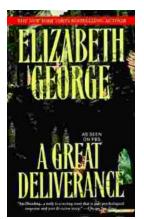


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